

# Commonly Used SDoH Resources


## Philabundance (Food)

Philabundance operates through a network of 350 partners, including churches, hospitals, schools, libraries and other service providers.

**CONTACT:**   
215-339-0900

## Congreso (Housing, Employment, IPV Support)

[The Housing Program](#), [The E3 Center](#) and [The Latina Domestic Violence Program \(LDVP\)](#) provide education, resources and one-on-one counseling to clients.

**CONTACT:**   
Hildaliz Escalante, [escalanteh@congreso.net](mailto:escalanteh@congreso.net)  
Elizabeth Padilla, [padillae@congreso.net](mailto:padillae@congreso.net)  
Ramona Peralta, [peraltar@congreso.net](mailto:peraltar@congreso.net)

## LiHeap (Utilities)

[The Low-Income Home Energy Assistance Program \(LIHEAP\)](#) is a federal grant that helps income-eligible families pay their heating bills and restore gas service in the event of a shutoff.

**CONTACT:**   
1-866-857-7095

## Cap4Kids (Education, Housing, Utilities, Pregnancy/Parenting Resources)

[Cap4Kids](#) provides information about resources and community agencies that exist to improve or enhance the lives of children, teens and families in Philadelphia.

**WEBSITE:**   
<https://cap4kids.org/philadelphia/>

## Modivcare (Transportation)

Health Partners Plans uses Modivcare to provide members with reliable transportation to medical appointments and pharmacies for a \$0 copay.

**CONTACT:**   
1-877-835-7412


## BenePhilly (Benefits)

[BenePhilly](#) offers free, one-on-one help for Philadelphia residents to enroll in public benefit programs.

**CONTACT:**    
Email [benephilly@phila.gov](mailto:benephilly@phila.gov) or  
call 844-848-4376.

## PLA (Immigration Support, Landlord/Tenant Rights, Custody, Other Legal)

[Philadelphia Legal Assistance \(PLA\)](#) provides a variety of legal assistance for individuals and families in need in Philadelphia.

**CONTACT:**   
215-981-3800  
(9:30 a.m. - 12 p.m., Monday - Thursday.)

## CLS (SSI Support & Other Legal)

[Community Legal Services \(CLS\)](#) provides legal assistance for Social Security benefits, housing support and other services for individuals and families in need in Philadelphia.

**CONTACT:**   
215-981-3700

## FindHelp

FindHelp (formerly named Aunt Bertha) is a social care network that connects people seeking help with verified organizations.

**WEBSITE:**   
<https://hpp.findhelp.com/>

## Other Resources

<https://www.phila.gov/service-directory/>  
<https://211sepa.org/>

Health Partners Plans

