



## Health Partners Plans

June 29, 2022

### Re: Childhood and Adolescent Obesity

Dear Provider:

Thank you for being a Health Partners Plans (HPP) participating provider.

Childhood obesity is a serious problem, with a prevalence of 19.3% and affecting about 14.4 million children and adolescents in the United States. Obesity puts children and adolescents at risk for poor health outcomes. HPP is committed to working with our provider partners to provide guidance and support to manage this patient population.

#### CODING

The Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (HEDIS WCC) measure was developed to address childhood obesity. As the patient's PCP, you play a key role in guiding children and adolescents toward healthy behaviors. Take advantage of every office visit, including well-child visits for patients' ages 3 to 17, by following the proper coding. Please visit [HPPlans.com/nutrition](https://www.healthpartners.com/nutrition) for comprehensive information on description of services, ICD-10 and CPT coding, and frequency limits.

Description of Service	ICD-10	CPT	HCPCS
Overweight and obesity	E66.01 – E66.9 (Use additional code to identify body mass index (BMI), if known (Z68.-))		
BMI percentile	Z68.51–Z68.54 (code dependent on actual BMI percentile)		
Counseling for nutrition	Z71.3	97802-97804	S9470
Counseling for physical activity	Z02.5, Z71.82		G0447, S9451

#### BEST PRACTICES

Childhood obesity can profoundly affect children's physical health, emotional well-being and self-esteem. Correct medical record documentation and coding ensures that your efforts are acknowledged, you are

meeting the WCC measure and you're improving your young patients' chance at a healthier life. PCPs can educate children and their family of healthy lifestyle habits, including healthy eating and physical activity, that may lower the risk of obesity and developing related diseases, such as heart disease and diabetes.

If you have any questions, please contact the Provider Services Helpline at **1-888-991-9023** (Monday – Friday, 9 a.m. – 5:30 p.m.) or your NAM.

As always, we thank you for your continued efforts to improve the health of our members.

Sincerely,

*Amy Costa*

Amy Costa

Director, Provider Relations